

VIDEO TRANSCRIPT

IgA Nephropathy and FSGS Injury Pathways Mediated by Endothelin-1 and Angiotensin II

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IgA nephropathy and focal segmental glomerulosclerosis, or FSGS, are chronic, progressive glomerular conditions.¹⁻³

Both are characterized by proteinuria and are leading glomerular causes of kidney failure.¹⁻⁴

While the pathogenesis of IgA nephropathy and FSGS are distinct, in both diseases, endothelin-1, ET-1, and angiotensin II, Ang II, work in tandem to exacerbate kidney injury that results in proteinuria and progression to kidney failure.⁵⁻¹⁰

Here we will explore the ways these two molecules drive disease progression.

We start by introducing ET-1 and Ang II; we'll then take a look at how they work in tandem to exacerbate injury and their specific roles in the progression of IgA nephropathy and FSGS.

ET-1 is a vasoactive peptide with hemodynamic and nonhemodynamic effects. ET-1 is ubiquitously produced throughout the body but particularly in the kidneys, including the glomerulus.^{5,10}

It is produced by the podocytes, mesangial cells, and renal vasculature and tubules.^{5,11,12}

Endothelin A receptors, which are highly responsive to ET-1, are found on the surface of podocytes, mesangial cells, and vascular endothelial cells.^{13,14}

ET-1 can exacerbate several glomerular injuries that contribute to the progression of IgA nephropathy and FSGS.^{5,7}

Ang II is a well-understood and therapeutically targeted vasoactive peptide that is part of the renin-angiotensin system, RAS. Ang II regulates fluid balance and blood pressure in addition to non-hemodynamic effects.^{5,9}

Levels of both ET-1 and Ang II are increased in IgA nephropathy and FSGS.^{7,9,10}

ET-1 and Ang II work in tandem to drive disease progression and have direct interactions that amplify their signaling.⁵⁻⁸

ET-1 and Ang II-mediated injuries, which are common to both IgA nephropathy and FSGS, include^{5,13}

- vascular dysfunction^{5,13}
- inflammation^{5,13}
- tubulointerstitial injury^{5,13}
- and, glomerular injury^{5,13}

ET-1 and Ang II facilitate vasoconstriction leading to decreased glomerular filtration rate and endothelial dysfunction.^{5,7,8}

ET-1 and Ang II promote tubular epithelial–mesenchymal transition, triggering matrix accumulation...and culminating in interstitial fibrosis and proteinuria.¹⁵

ET-1 and Ang II promote tissue infiltration of inflammatory cells and aggravate the initial glomerular injury that characterizes each disorder.^{5,7}

More specifically, In IgA nephropathy, they exacerbate inflammation and increase mesangial cell proliferation,^{3,5,10,16} and in FSGS, they damage podocytes.^{2,5,7,13}

These injuries lead to deterioration of the glomerular filtration barrier, which can result in proteinuria.^{5,7}

Let's take a closer look at the role of ET-1 in IgA nephropathy. ET-1 activates a number of pro-inflammatory and pro-fibrotic cells, signaling molecules, and mediators.^{5,15}

ET-1 and Ang II signaling triggers mesangial hypercellularity and matrix accumulation, which in turn can cause sclerotic lesions that further inflame the environment.^{5,15,16}

Now, in FSGS, the defining pathologic feature is targeted injury to podocytes.^{5,17}

In FSGS, ET-1 binding to ET-A receptors on podocytes triggers cytoskeletal reorganization that may lead to podocyte injury, including podocyte effacement.^{5,17} And, ET-1 and Ang II act together to exacerbate ongoing podocyte injury.^{5,13}

In summary, ET-1 and Ang II play a fundamental role in the pathophysiology and progression of IgA nephropathy and FSGS.^{7,15,16}

In IgA nephropathy, ET-1 and Ang II act together to amplify the inflammatory cytokine response and exacerbate glomerular, mesangial cell, and tubular damage—culminating in increased proteinuria and a progressive decline toward kidney failure.^{5,7,8,15,16}

And, in FSGS, ET-1 and Ang II act in tandem to drive podocyte injury and loss—culminating in increased proteinuria and a progressive decline in kidney function.⁵

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